Helambu Education and Livelihood Partnership (HELP)

Enhancing Education, Empowering Communities!

NEWSLETTER

Aug-Oct, 2026

२०८३ सालको तिहार र छठ पर्वको हार्दिक मङ्गलमय शुभकामना!

HAPPY DIPAWALI 2083



May this festival's light shine upon an equitable, empowered society and a brighter future for the children of our communities.



Inside the Newsletter:

1. Our Saathi Teachers and their stories
2. The Scholarship Stories
3. First efforts toward educational recovery for the flood-affected with School in a Bag
4. Reaching 3,500 children for educational recovery in the next two months
5. Recruitment of the 8th Cohort of Saathi Teachers

In Partnership with:

MONDO FOUNDATION

InterHands

SCHOOL IN A BAG

"Kids don't learn from people they don't like."

- Rita Pierson, Every Kid Needs a Champion (TEDTalk 2013)

Inspired by the very essence of its name "a friend of the learners" 7th Cohort Saathi Teacher Deepa Ghartimagar joined the Saathi Teachers Programme to build a safe learning enviroment in her classroom. Deepa holds a Bachelor's degree in Social Work from Tribhuvan University and currently serves at Shree Shanti Basic School in Parche, Bandipur, Tanahun. Today, she has become a teacher adored by her students and community for bringing to life the joyful, child-centered classrooms the Saathi Teachers Programme strives to deliver.

"A friendly classroom is one where students feel comfortable asking questions, sharing their ideas, and coming to the front of the class to demonstrate what they have learned."

– 7th Cohort
Saathi Teacher, Deepa



Saathi Teachers Programme 2026 @ 7th Cohort Saathi Teacher Deepa

SAATHI TEACHER DEEPA AND HER STUDENT SUSHANT



Sushant Gurung
Saathi Student, Shree Shanti Basic School, Bandipur

Sushant Gurung, a Grade 4 student at Shree Shanti Basic School, refused to do any classwork, homework, or participate in classroom activities.

Sushant lives with his grandmother, with parents away from home to guide his daily routines or support his learning. During parent-teacher meetings and report card distributions, no one from his home is able to attend. Without parental supervision, Sushant often spends his hours at home absorbed in mobile games.

When Deepa tried to gently counsel him about balancing screen time with study, he would react repulsively, struggling to process the guidance.

Despite these hurdles, Deepa recognised that Sushant possesses a natural talent for solving mathematical equations. Watching his potential go uncared for at home made his reluctance to submit homework all the more concerning.

Rather than giving up or resorting to strict punishment, Deepa took a patient approach. She encourages him to start small, guiding him to complete his classwork step by step. To build his confidence, Deepa invited him to volunteer at the whiteboard, tapping into his strong mathematical skills in front of his peers.

Even today completing homework at home remains an ongoing challenge due to his living situation, however Sushant now completes his classwork diligently. This is a small yet crucial step towards ensuring a child has a strong academic foundation and a better chance at higher education.





Saathi Teachers Programme 2026 @ 7th Cohort Saathi Teacher Deepa 's Class



Saathi Teachers Programme 2026 @ Shree Shanti Basic School, Parche, Bandipur, Tanahun

What Difference does Saathi Teachers programme Make



Sushant's story is not an isolated one. Across rural primary schools, Saathi Teachers frequently encounter students facing complex home realities, learning gaps, and emotional barriers.

To prepare them for these ground realities, every Saathi Teacher undergoes an intensive 24-day Residential Saathi Training before entering the classroom. Led by experienced education experts and practitioners, this training equips them with Child Psychology & Behavioral Management, Pedagogy & Subject Mastery, Community Engagement, Self-Management & Reflective Practices.

These foundational skills do not stop at placement. Through TuBu gatherings, quarterly trainings, regular classroom observations, and continuous support from Teacher Development Coordinators, Saathi Teachers receive the structural and emotional backup needed to stay resilient.

It is this combination of rigorous preparation, structured support, and deep personal empathy that allows teachers like Deepa to look past the label of a "difficult student" and truly see a child waiting to be discovered.

To learn more about the programme from this quarter, read *the Saathi Teachers Newsletter (Aug-Oct 2026)*



Read more of our updates from this Quarter.

SAATHI TEACHERS PROGRAMME

Primary **Must Not** Be Secondary

1. Tune-Up and Build-Up (TuBu)



Saathi Teachers Programme 2026 @ Tanahun Cluster TuBu

This quarter, all active Saathi Teachers participated in TuBu sessions across their respective clusters, guided by the Sharing, Learning, and Planning (SLP) framework. The sessions focused on strengthening teaching practices in mathematics and English, building community connections, and setting goals for the year ahead.

In the Tanahun Cluster, teachers gathered for a two-day residential session on September 7–8, joined by Anbukhaireni Municipal Chairperson Sukra Chuman and Education Officer Nirmala Kunwar. The gathering also welcomed back third cohort alumni Chanda Thapa and Sita BK, who returned to full-time teaching to fill critical gaps in two partner schools in Anbukhaireni.

2. Regular Classroom Observations

As a core component of post-placement support, regular classroom observations are conducted across partner schools to provide continuous mentoring, structured feedback, and pedagogical guidance. Led by the Programme Coordinator, Deputy Programme Coordinator, Schools Coordinator, and Teacher Development Coordinators, these visits monitor instructional delivery, student participation, and conceptual growth. They focus on foundational literacy and numeracy, the integration of 21st-century 4C skills (Critical Thinking, Creativity, Collaboration, and Communication), and this time, the operational rollout of the grade teaching modality.

During classroom observations in August, at Saraswati Basic School in Lapse, Saathi coordinators captured activity-based pedagogy in action. Sixth-cohort Saathi Teachers Jun Maya Tamang and Mandawi Pandey demonstrated dynamic methods in Sindhupalchok, including multiplication table rhymes and educational games for English instruction.



Saathi Teachers Programme 2026 @ Jun Maya's Classroom



Saathi Teachers Programme 2026 @ Mandawi's Classroom



Saathi Teachers Programme 2026 @ At Teach For Nepal Event

3. Saathi Team at Teach For Nepal's Sikai Dabali

In late July 2026, Saathi Teachers Anmol Tamang and Bijay Baidhakota, alongside former Teacher Development Coordinator Safina Maharjan, represented the programme at Teach For Nepal's 47th Mini-Learning Institute (MiLi) during the Sikai Dabali event. Teach For Nepal is a fellow non-profit organisation working to enhance education in rural public schools and a supporter of HELP. This cross-organisational learning exchange focused on aligning primary and secondary education practices, equipping Saathi Teachers with insights to refine classroom instruction and share their learnings with peers.

4. The establishment of Saathi Alumni Scholarship Fund

We are proud to announce the establishment of the Saathi Alumni Scholarship Fund to support the Master's-level studies of former Saathi Teachers who have completed their two-year teaching commitment in rural public primary schools. This initiative invests in the continued academic development of alumni, with the inaugural scholarship awarded to fourth-cohort alumna Samikshya Prasai.

Heartfelt thanks to our donors at the Mondo Foundation for supporting our ongoing efforts in educating and retaining the youth of Nepal.



Saathi Teachers Programme 2026 @ Samiksha Prasai


Saathi Teachers Programme 2026 @ Second Training for Grade Teaching

5. Follow-Up Training for Grade Teaching

On September 19 and 20, 2026, the Saathi core team facilitated a two-day follow-up grade teaching workshop, marking the second of this academic year, for all primary-level teachers across partner schools in Bhotenamlang and Gunsa. The session provided comprehensive support not only to the nine Saathi Teachers but also to the local government teachers working alongside them to refine the newly implemented grade teaching modality. To further enhance learning tracking, individual student profile folders were introduced across all our primary grades to systematically record formative and summative assessments.

6. Grade-Wise Parents Meet at Gunsa

With the ongoing endeavors of the Saathi Programme team this September, the school committee at Shree Satkanyamati Secondary School in Gunsa, alongside Saathi Teachers and Schools Coordinator Sneha Shrestha, conducted a grade-wise parent meeting for Grade 1 students. The full-day session centered on foundational classroom culture, student attention, and practical routines, guiding families on how to align home environments with classroom practices. This collaborative initiative strengthened home-school coordination and established consistent routines.


Saathi Teachers Programme 2026 @ Parents Meet at Gunsa

Primary Must Not Be Secondary
Saathi Teachers Programme

8th Cohort, 2027

7. Remodelled Saathi Teachers Programme and the 8th Cohort Recruitment

Following thorough strategic and impact evaluations, the Saathi Teachers Programme has been redesigned for long-term sustainability and greater impact in response to the changing needs of rural education.

We will reach out to prospective candidates and institutions in the coming months with information sessions, looking forward to welcoming our next cohort of Saathi Teachers.

Join us as we launch recruitment for the eighth cohort of Saathi Teachers. If you are a passionate changemaker, or if you know someone who is right for this movement, we would love to hear from you. Contact us at info@help.org.np or info@saathiteachers.org.

Our Scholarship Story

MINGMAR SHERPA, POST-SEE SCHOLAR 2025: HIS UNYIELDING GRIT


Post-SEE Scholarship 2026 @ Mingmar Sherpa

When our team reviews scholarship applications, we often look for numbers: GPAs, baseline scores, aspirations and family background. But every so often, an application lands on our desks that carries the undeniable weight of a human story so extraordinary that it halts the entire room. Mingmar Sherpa's story was one of those rare moments.

Where other children went to school wearing school dress, Mingmar wore the robes of a monk. Following the early loss of his father, his mother placed him in a monastery school in Pharping to ensure he would be cared for, fed, and educated in Buddhist scriptures and basic English. Though Mingmar deeply respected the spiritual teachings of Lord Buddha, a persistent longing stirred within him year after year. He simply longed to go to a normal school, just like other kids did.

With much courage, as he stepped away from life at the monastery, Mingmar returned home to Helambu, lived in a hostel, and enrolled at Shree Golmadevi Secondary School in Timbu, entering Grade 8 alongside peers years younger than him.

His disciplined presence, gentle grace, and humility earned him respect in his school. Yet, the same humility also brought moments of personal vulnerability when younger students from Grade 5 brought math problems and sought his help. Mingmar, with a heavy heart, had to admit he did not know how to solve them and felt helpless. He had significant gaps in standard primary academics.

After that, day in and day out, he poured his mind and his hours into practice.

The results were nothing short of extraordinary. Mingmar regularly cleared Grade 8, Grade 9, and graduated Grade 10 with an exceptional 3.54 GPA on his SEE examinations. To an outsider, it looked like a miracle; but to those who know of his story, it is purely the result of unyielding grit.

*When Mingmar applied for the **2025 HELP Post-SEE Scholarship**, his honesty, strength of character, and academic ambition captured the hearts of our selection panel. Today, as a HELP Post-SEE Scholar, Mingmar is pursuing his higher secondary education in the Science stream at Shree Mangal Dvip Boarding School in Boudha, Kathmandu.*

We have come to know that Mingmar has found a passion for competing in marathons, a fitting pursuit for someone whose whole life has been a testament to endurance.

Supporting students like Mingmar is a grounding reminder of why our scholarship programme exists. It is not merely about providing financial grants; it is about standing beside young people who dare to redefine their own lives against all odds, ensuring their dedication finds the open door it deserves.

POST-SEE SCHOLARSHIP PROGRAMME

Nurturing Dreams, Empowering Dreamers

Key Updates of the Programme

1. 16th Cohort of Post-SEE Scholarship and Award Ceremony

We are proud to announce that the 16th cohort of the Post-SEE Scholarship has been awarded to 70 promising scholars for 2026. The 2026 cohort, comprising 61.43% female students, 73% from marginalized communities, and nearly 50% from Sindhupalchowk, expands the HELP scholar network to 820.

Additionally, HELP revamped the programme into a two-tier structure, introducing Tier 1 higher grant support and Tier 2 enabler grants to eliminate immediate barriers to post-secondary education.


Post-SEE Scholarship 2026 @ Award Ceremony

2. Launching the first-ever 3E Camp for Post-SEE Scholars

The inaugural **3E Camp (Engage, Explore, and Emerge)** was launched under the Post-SEE Scholarship Programme. Designed to make the programme more integrated and holistic while bringing our scholar community together, we are excited to give this initiative continuity in the years ahead.

Held on August 1 and 2, 2026, at Sky Garden Resort in Dhulikhel, the camp brought together 43 scholars on Day 1 for alumni mentorship panels, goal-setting workshops, and leadership sessions, before 30 additional recipients from distant districts joined on Day 2 for the formal award ceremony. We extend our sincere thanks to all local municipal leaders, school principals, and honored guests whose presence made the two-day gathering a warm and inspiring welcome for all 73 scholars joining the HELP community.

Special thanks goes to Dr. Nina Meyerhof who joined us for a virtual session, connecting with the scholars with positive spirits and high energy along with Stamos who joined us in person all the way from Greece.

Additionally, Hirsh Cashdan met with the students through a virtual session. We would like to acknowledge his support toward the programme and the camp for making it possible.

Welcome aboard scholarship cohort 2026!


Post-SEE Scholarship 2026 @ The 3E Camp


Post-SEE Scholarship 2026 @ The 3E Camp



Post-SEE Scholarship 2026 @ Alumni Panel at the 3E Camp

3. Awarding the 3rd Cohort Anthony Lunch Memorial Scholarship for Postgraduate Studies in Nepal



Anthony Lunch Memorial Scholarship 2026 @ Award Ceremony

In partnership with the Mondo Foundation, HELP awarded the 3rd cohort of the Anthony Lunch Memorial Scholarship on September 4, 2026, supporting promising students from marginalised backgrounds to pursue postgraduate studies in Nepal. The scholarships were presented to Sushma Tamang from Bidur, Nuwakot, who is pursuing Educational Leadership and Management at the Kathmandu University School of Education, and Rinchen Tamang from Biratnagar, Morang, studying Social Innovation and Entrepreneurship through Nepal Communiversity and Kathmandu University. We also announced the establishment of Saathi Alumni Scholarship Fund on the same day and overjoyed to be supporting the awardees.Heartfelt congratulations to both scholars, and thank you to the Mondo Foundation and the Lunch family for your continued support.


3rd Cohort of AJL Recipient, Rinchen and Sushma

4. Awarding the undergraduate scholarship



Undergraduate Scholar Sabina Dhital

The newest addition to our scholarship portfolio is the Undergraduate Scholarship, with Sabina Dhital named its first recipient on August 28.

Sabina is pursuing a degree in Civil Engineering. The scholarship, awarded in partnership with the InterHands Foundation, is valued at NRs 550,000 and covers nearly two-thirds of her course fees. Warm congratulations to Sabina, and heartfelt thanks to the InterHands Foundation.

We are equally excited to announce the opening of the application cycle for the 2nd cohort of our 2026 Undergraduate Scholarship Programme, exclusively for former HELP SEE Scholars. Open to alumni who completed 10+2 in 2023 or later and are pursuing a Bachelor's degree in Nepal, the scholarship will award two selected scholars, preferably one male and one female student with NRs 550,000 (approximately USD 4,000) each to cover tuition, accommodation, books, and other educational expenses throughout their studies. Candidates demonstrating academic motivation, leadership, and community involvement are encouraged to apply ahead of the deadline in October.

5. Alumni Engagement Session

On August 29, 2026, Post-SEE Scholarship alumna Sita Maya Tamang, also a United World College (UWC) scholarship recipient from Shree Bhotenamlang Secondary School in Sindhupalchok currently pursuing her undergraduate studies in USA at Whitman College, Washington, visited the HELP office to engage with scholars from the two most recent cohorts.

During the interaction, she shared her personal journey of adapting to unfamiliar international environments and facilitated a public speaking session to help students build self-confidence, express themselves, and explore global opportunities.



Post-SEE Scholarship 2026 @ Alumna Sita Maya Tamang

We are proud of Sita Maya and all our scholars alike!

6. Educational Support Grant



Under the Educational Grant initiative, HELP presented a grant of NRs 100,000 to Utsav Khadka, a student raised by a single mother, to support his pursuit of a Bachelor's in Computer Applications.

We extend our warmest congratulations once again to all our awardees and wish them the absolute best as they step toward bright, meaningful futures.

7. Educational Grant to Flood Affected

In partnership with the Mondo Foundation, HELP is launching an educational relief grant to support students affected directly or indirectly by the floods, driving our long-term educational recovery efforts. While media attention will eventually fade, the need on the ground remains deep and enduring. Our primary goal is to keep vulnerable children in school and support their continued learning through dedicated scholarship and educational grant schemes across Rasuwa and Nuwakot.

These initiatives represent significant milestones, driven by the incredible fundraising efforts of our partners at Mondo Foundation UK and the dedicated field assessments carried out by our teams across the region.

CU-HELP VOLUNTEERING PROGRAMME

Every year, HELP, in partnership with the Mondo Foundation, has the privilege of hosting Cambridge University graduates as volunteers in rural primary classrooms alongside our Saathi Teachers. Together, they help enhance literacy and numeracy while bringing vibrant global perspectives right into our classrooms. At its heart, what they do is simple yet profound: Teach, Trek, & Transform.





This year, we welcomed ten wonderful volunteers from the CU-HELP community who actively raised funds before being placed across Panchpokhari Thangpal, Bandipur, and Anbukhaireni Rural Municipalities. During their four-week placement, they taught English, Mathematics, Keyboard, Dance, cross-cultural studies, and so much more. We are especially proud of them for fully immersing themselves in local life by living with host families, sharing meals, and becoming part of the village community!

After wrapping up their placements, our adventurous volunteers hit the trails for unforgettable treks to the Annapurna Circuit, Everest Base Camp (EBC), and Ghorepani.

As they depart, they leave behind cherished memories, ideas, and cultural bridges. A huge congratulations to our 2026 volunteers, including Rosie, newly appointed President of the CU-HELP Volunteer Council, and Xavier, our new Treasurer! We extend our heartfelt thanks to all ten volunteers for their dedication as they join our growing network of over 400 alumni.





SCHOOL IN A BAG PROGRAMME

A bag full of learning, a future full of possibilities



SIAB 2026 @ First Distribution towards the Flood-Educational Recovery Initiative

HELP will support over 3,500 students in Rasuwa and Nuwakot over the next two months to assist their return to the classroom following the traumatic Bhotekoshi flood. While we are directly reaching out to students in flooded schools, we are also addressing the indirect impact on students across the region who witnessed or heard about the disaster.

In response to the recent disaster, we launched our flood relief initiative aiming to distribute 3,000 school bags in partnership with School in a Bag (UK).

On 17th October, our very first distribution reached the displaced students of Shree Hakubesi Basic School (from Ward No. 1, Haku Village, Aamachhodingmo Ward, Rasuwa District), who are currently taking shelter at the Gokarneshwor Holding Centre on BP Marg in Kathmandu. During this visit, we provided 35 students with brand-new school bags packed with learning resources, along with warm tracksuits.

We hope to restore education for these children through these initiatives.

If your school or a school you know of is eligible to apply,

To Learn More About the programme:

To support our work, make your donations here,

Please scan the given QR code to fill out the application form.

कृपया आवेदन फारम भर्नका लागि दिइएको QR कोड स्क्यान गर्नुहोस्।

OTHER MILESTONES AT HELP THIS QUARTER

1. HELP's response to the Rasuwa-Bhotekoshi Floods


HELP 2026 @ Needs Assessment at Dhungebajar, Nuwakot

The devastating floods along the river corridors of Rasuwa swept away homes, livelihoods, and hopes for many families. Immediately after disaster struck, HELP mobilised field teams for needs assesment.

On August 30, our team conducted an initial needs assessment survey in Dhungebazar, visiting local wards and holding centers in Bidur Municipality, Nuwakot. We evaluated immediate relief needs for displaced families and began designing long-term educational recovery initiatives alongside local government efforts.

Following the assessment, we returned to Rasuwa to deliver **475 solar lights** equipped with mobile charging capabilities to displaced families and cut-off villages across two phases (300 lights on September 5, and an additional 175 lights on September 14 and 15). To reach the completely isolated village of Haku, 164 solar lights were airlifted by drone in close coordination with GBS, Roro Aarambha, and the Nepal Army. We extend our deepest gratitude to our generous donors and the Mondo Foundation for their immediate response and for standing with us throughout these crucial relief efforts.


HELP 2026 @ Solar Lights Distribution in Haku Village, Rasuwa

With these essential distributions we are officially closing this emergency relief campaign, though our long-term educational commitments to the affected children and communities will continue.

2. Emergency Flood Relief Grants

Emergency Grant: We recently shared space with 27-year-old female from Haku, Rasuwa, whose husband, a container driver, was swept away during the floods. His body has still not been found. Having resided in Kathmandu with her husband's financial backing, She is currently raising an 18-month-old daughter while pregnant with a son, facing an uncertain future completely on her own.
Her family's tragedy runs even deeper, her brother, a worker at the 216 MW Chilime Hydropower project and father of two, was also swept away and remains unaccounted for. We wish her strength, along with many such women and families who are going through tough times.

Student Sponsorship: In addition, we have recently sponsored a student from Nuwakot who lost both his parents and most of his relatives and is now living with his aunt. He was brought to Kathmandu and admitted to a school, and we are grateful to cover almost 80% of his annual tuition fees.

To contribute to the educational relief grant for flood-affected households,

3. 17th Annual General Meeting (AGM)

On September 18, 2026, HELP convened its 17th Annual General Meeting at Mhendo Suites & Hotel in Budhanilkantha. The assembly brought together our executive board, general membership, core team, Saathi Teachers, and scholarship representatives to review past fiscal year achievements and formally approve our strategic direction for the year ahead.



The meeting was enriched by virtual contributions from national leaders and advisors Hon. Gagan Thapa and Hon. Shisir Khanal, alongside long-time international supporters Sam Hagen and Hirsh Cashdan. We extend our sincere gratitude to our board, members, staff, partners, and community members who continue to place their trust in HELP's mission.

4. Jonathan Visits HELP and Saathi Teachers at Bandipur

When HELP's founder, Jimmy Lama, was just six years old attending Yangrima Boarding School in rural Helambu, a young volunteer named Jonathan arrived to teach English. Reconnecting in 2008 while Jimmy was working for Mondo in the UK, Jonathan became a steadfast supporter of our work. Alongside Mondo's late CEO, Anthony Lunch (his close sailing friend) Jonathan helped generously fund the EQUIP Programme (the predecessor to today's Saathi Teachers Programme).

The spirit of volunteering was enriched further when Jonathan's daughter, Emily, served as a Saathi volunteer at Golmeshowri School.

This quarter, we were honored to welcome Jonathan and Turner family back to Nepal as he visited our office and traveled to Bandipur to see our active Saathi Teachers in the classrooms before hitting for the trails of Annapurna.



HELP 2026 @ Jonathan, Emily Ion and CU Volunteers with HELP team

5. Warm Welcomes: Janet, Bill, Haxer Ali, and Technomak



HELP 2026 @ Janet and Bill visits HELP



HELP 2026 @ Haxer Ali, CEO of Technomak visits HELP

We are delighted to welcome wonderful new friends and partners into the HELP family:

Janet, a veteran primary school headteacher from the UK, visited our HELP office alongside her partner, Bill, bringing generous personal donations to support our primary educational initiatives.

Mr. Haxer Ali & Technomak: In October, we welcomed Mr. Haxer Ali, CEO of Technomak (a Dubai-based engineering company), to our office. Mr. Ali and the Technomak team extended financial support towards our 2026 flood relief and recovery initiatives.

Thank you for choosing to believe in our community and supporting us.

6. Dashain Gathering at HELP

Amidst a heavy season marked by flood response work and community hardship, our team paused for a modest Dashain gathering at the HELP office. It was a needed moment to rest, reconnect, and regain energy together. We hold heartfelt wishes that Goddess Durga brings comfort, strength, and abundance to those recovering from recent hardships across the country.



CONDOLENCES

In Solidarity

HELP sends the deppest condolences to those affected by the floods directly and indirectly. Our hearts remain heavy as we look across the river corridors and the communities of Rasuwa, Nuwakot, Trishuli, and beyond. The recent floods and landslides have swept away not only homes and livelihoods, but the foundations of daily life for families and children who already carry so much at such a young age.

To those who have lost loved ones, who search for answers where once there were familiar paths, and who face the daunting weight of tomorrow: we see you, and we stand beside you. However, no words can soften the suddenness of such grief, we hold them close to our hearts.

We walk with you, in memory of what has been lost, in solidarity through the sorrow, and shoulder-to-shoulder in the long, patient work of rebuilding hopes for tomorrow and recovering the education still.

LOOKING AHEAD

Currently Ongoing:

- Active recruitment drive for the 8th Cohort of Saathi Teachers.
- Screening and shortlisting applications for the 2nd Cohort of Bachelor's Level Scholarships.
- Selecting flood-affected schools and communities for upcoming educational resource distributions.

Coming Up Next:

- Formally awarding our 2nd Cohort of Bachelor's Level Scholars.
- Rolling out Phase II of our long-term flood relief and educational recovery efforts.
- Conducting mid-year learning reviews and retreats for our active Saathi Teachers.
- Launching our annual Programmatic Impact Survey across partner schools.

JOIN THE MISSION

Join the 8th Cohort of Saathi Teachers

Are you ready to step into rural primary classrooms and lead real change? Or do you know a passionate graduate who belongs in this movement?

Applications for our 8th Cohort are now open.

APPLY NOW!

Deadline:
Decemeber 2026



How would you like to support our work?

HELP delivers its impact across classrooms and communities through five flagship programmes:

SAATHI TEACHERS PROGRAMME:
Recruits and places motivated educators in rural primary classrooms to improve foundational literacy and numeracy while fostering 21st-century 4C Skills.

SCHOLARSHIP PROGRAMME:
Provides financial assistance, mentorship, and residential leadership opportunities (such as the 3E Camp) to promising students from marginalised communities so they can pursue secondary and higher education.

SCHOOL IN A BAG:
Provides essential educational equipment and learning resources in school bags to children in remote communities, ensuring every child has the tools they need to learn.

CU-HELP VOLUNTEER PROGRAMME:
Places skilled international volunteers - students from Cambridge University- in community schools along with Saathi Teachers to enhance foundational literacy, numeracy, confidence and the 21st-century 4C Skills.

LIVELIHOOD PROGRAMME:
Supports rural families and communities through sustainable development initiatives and income-generating opportunities, now expanding to help community schools provide midday meals.

Your Donation

Make Your Donation Here
Your valuable contribution directly empowers rural classrooms and supports sustainable community development.

Share Our Stories

Follow us on social media and share the stories. Your voice helps us reach more supporters.

Facebook: www.facebook.com/mondohelp
Instagram: help.org.np
YouTube: Helambu Education Livelihood Partnership (HELP)

Partner With Us

If your organisation believes in the power of education, we'd love to hear from you.

Reach out to us via email or our social media pages.

OUR GRATITUDE TO

MONDO FOUNDATION · InterHands · SCHOOL IN A BAG · Go Global VT · HIMALAYA HILFE e.V · THE BOLTINI TRUST

Local Government Partners

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