

Helambu Education and Livelihood Partnership (HELP)



YEAR-IN-REVIEW

Dear friends and supporters,

As we prepare to welcome 2026, we pause with deep gratitude to look back at a fulfilling year at HELP filled with both exciting times and challenges. With your continued trust and support, we were able to make some breakthrough, overcome the difficulties and stay focused on reaffirming why we do what we do. Overall, 2025 was about a year of sharp learning curve, strengthening partnership, gaining clarity, and creating a deeper impact across our programmes and communities we work with. None of this would have been possible without your support. Thank you!!

-HELP Team

HAPPY
NEW YEAR

2026

A YEAR OF REFLECTION

APPEAL: HELP US BRING MORE SAATHI TEACHERS TO CLASSROOMS

SAATHI TEACHERS PROGRAMME-IMPACTS

30

Saathi Teachers
currently teaching

1000+

Children
Supported

29.6%

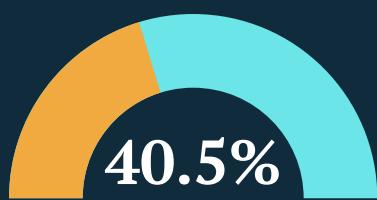
Reduce in Corporal
Punishment

12%

Average Increase
in Regular
Attendance



Increase in basic operational learning (subtraction) in Mathematics in Tripurasundari Rural Municipality



Increase in recognising alphabets in Panchpokhari Thangpal Rural Municipality

Improvement in 4C Skills Development

Collaboration: 34.35% of students show strong collaborative behaviors

Communication: 25.57% of students are able to speak confidently in front of their teachers.

Creativity: 5.40% of students demonstrate high engagement in project-based activities.

Encouraged by these indicators, we are preparing to probable expansion of the Saathi Teachers Programme to another district, after being approached by a municipality a reassuring reminder that what we are doing matters and more classrooms and children could soon be part of this journey.

Now in its seventh year, the Saathi Teachers Programme strengthens primary education by improving students' literacy and numeracy as well as nurturing the 4C skills. Passionate and qualified individuals are recruited and placed in rural community schools to teach Mathematics and English to students from Grades 1–5.

Aashik Bomjan from Thangpal Dhap, Sindhupalchowk, emerged as the SEE topper of Paanchpokhari Thangpal Municipality. He dreams of becoming an engineer. But his success did not come easily. He says:

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“I was always a quiet student, and Math was my hardest subject. Everything changed in Grade 5 when Saathi Teachers arrived at my school. Jamuna Miss and Sunita Miss did more than just teach lessons. They helped me believe in myself. For the first time, I passed mathematics. That one moment changed everything. I discovered a passion for math, and doing well in it motivated me to work harder in my other subjects too. Passing that one time played a huge role in building my confidence and helping me improve overall.”

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Aashik Bomjan

Shree Thangpaldhap Secondary School
Panchpokhari Thangpal RM,
Sindhupalchowk

Our goal by April 2026 is to recruit and place 10 passionate Saathi Teachers for at least 5 new additional community schools reaching out to 500+ more students.

But we cannot do this alone. This giving season, we warmly invite you to support us to close the funding gap.



SCHOLARSHIP PROGRAMME

HELP SCHOLARSHIP AND MENTORSHIP PROGRAMME:

In 2025, our Scholarship and Mentorship Programme marked its 15th year of supporting students from underserved communities across Nepal. This year, we welcomed 71 new scholars, supporting them to pursue their higher secondary (10+2) education.



For these students, the scholarship means more than financial support. It gives them the power to choose, the power to turn ambition into action.

Our 2025 scholars come from 15 districts and over 39 schools. As they step into a new chapter of life, they carry forward the same determination and resilience that once helped them overcome countless barriers to complete Grade 10.

One of the recipients of this year Sanu Maya Magar from Aanboo Khaireni, Tanahun, currently pursuing Grade 11, shares:

"I always dreamed of becoming a teacher, but growing up in a community school with limited resources made that difficult. Along with my studies, I helped my single mother with household chores. With my brother dropping out in Grade 6 and no role models to guide me, continuing education after Grade 10 felt uncertain.

This scholarship means a lot to me. It has given my mother and me confidence, financially too and allowed me to stay away from home to pursue my +2, as there are no colleges in my village. I was determined to continue my studies, but Grade 12 felt like a major hurdle. Receiving this support has given me relief and the motivation to work toward my dream of becoming a teacher."



Sanu Maya Magar
Aanboo Khaireni-04, Tanahun
Shree Chhimkeshwary Secondary
School

LAUNCH OF THE BACHELOR'S LEVEL SCHOLARSHIP PROGRAMME

2025 marked a new milestone for HELP with the launch of our Bachelor's Level Scholarship, expanding support for students pursuing undergraduate studies. Open to all fields, the scholarship provides Rs. 550,000 (USD 4,000) per student.

This scholarship targets past HELP SEE Scholarship recipients, supporting two students, preferably one male and one female, to pursue their undergraduate education. Officially announced on November 5, 2025, the scholarship received 13 applications, from which two candidates will be selected. With this addition, HELP's scholarship programme now supports students at every major transition in their education.

The Bachelor's Level Scholarship is made possible with the generous support of the InterHands Foundation.

We extend heartfelt thanks to our partners, especially Mondo Foundation and Interhands, for your unwavering support in building and strengthening our scholarship programmes.

JOURNEYING WITH SCHOOL IN A BAG



Over the past 12 months, with the support of School in a Bag, we have distributed 923 school bags to children across multiple districts of Nepal, including Humla, one of the country's most remote regions. Reaching these communities meant traveling nearly 900 km through rugged terrain in far-western Nepal to deliver learning essentials to five schools in Humla.

On December 26, we supported over 100 students at Shree Bal Bikas Secondary School in Kageshwori Manohara-02, Kathmandu. Just days later, on December 29, our entire HELP team had an opportunity to conduct a distribution programme at Chandeshwori Basic School in Aamdadabesi, Abu Khiren-04, Tanahun, a Saathi Teachers placement school, where more than 70 students received school bags.



To mark the end of 2025, our team, alongside our cofounder Jimmy Lama, is travelling to Pyuthan and Rolpa in the western region of Nepal. The team will be conducting distribution across two local levels in Pyuthan and one in Rolpa, reaching seven schools and providing 393 school bags filled with essential resources to children who need to learn and grow in their classrooms.



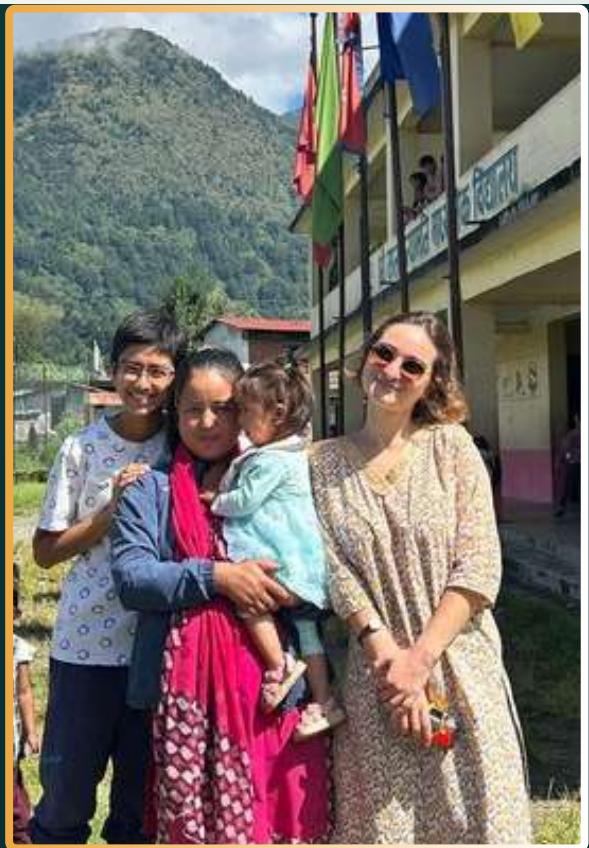
For the children receiving the bags, these were more than just school supplies. Each bag was filled with materials that would allow them to explore their creativity and engage in learning creatively.

We are preparing to support 1,500 more students across Nepal in the coming year, spreading learning and hope to even more children.



VOLUNTEERS IN AID OF SAATHI TEACHERS

Our partnership with CU HELP at the University of Cambridge this year welcomed five more volunteers who joined Saathi Teachers to teach students side by side. Bringing global experiences, they gave our students a unique opportunity to learn from across the world and deepen their awareness of the wider world beyond their immediate context.



The volunteers stayed in local communities, traveling miles to reach remote areas that barely exist on the global map. Together with Saathi Teachers, they taught, learned, and connected classrooms to a wider world of opportunities and inspirations.



LEADERSHIP & CAPACITY BUILDING TRAINING: PAANCHPOKHARI THANGPAL RURAL MUNICIPALITY

This last quarter, HELP partnered with Paanchpokhari Thangpal Municipality to conduct a two-day capacity building training for principals and school management committee (SMC) members. The training aimed to strengthen participants' understanding of their roles, emphasise the importance of collaboration between principals and SMC chairpersons, and highlight effective school leadership as a foundation for successful schools.



Around 60 participants attended the programme, Aashma Tamang, Principal of Shree Naulingeshwori Primary School, Langarche-08, Sindhupalchowk, was one of them. She shares her experience:

"I have served as a Head Teacher for a year and have always felt that our teachers lacked access to quality training. This is the first time we have had a programme like this, with facilitators we can learn from. Training like this that focuses on school headmasters and school management committee members who are responsible for running schools help us better understand our roles, improve coordination, and ultimately create well-functioning schools. I am grateful to HELP and the municipality for providing us with this valuable platform."



Aashma Tamang

Principal
Shree Naulingeshwori Primary School,
Langarche-08, Sindhupalchowk,

OUR WEBSITE IS GETTING A FRESH UPDATE

We are delighted to share that we're updating our website! The refreshed site will bring together our programme updates, stories from the field, and key impact highlights, all in one place.

On the occasion of New Year 2026, we're excited to launch our all-new website. We invite you to visit, explore, and stay connected with our work and the communities we serve at www.help.org.np

THANK YOU



Thank you for standing beside us. With your continued support, we look forward to another year of success in enhancing education and empowering communities.

Wishing you a joyful festival season and a meaningful year ahead!

Jimmy—along with Sujit, Tejaswi, Mohan, Kishor, Kavita, Aruna, Safina, Sushmita, Tejaswi, Karan and Chalan

-HELP Team

